



**Ministry of Education, Sports, Youth and Gender Affairs**  
**Office of the Minister of State Sports, Local Government & Special Projects**

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Cassada Gardens, P.O. Box 1918, St. John's, Antigua, W.I.  
Tel: 268 562 1675/6/8 • Fax: 268 562 1681 • Email: [omsab.gov@gmail.com](mailto:omsab.gov@gmail.com)

**Let us celebrate the achievements of the Olympians of Antigua & Barbuda**

**I. Athletics**

1. Heather B. Samuel – **1992** – 100m, 200m / **1996** – 100m, 200m, 4x100m, 4x400m / **2000** – 100m, 200m / **2004** – 100m
2. Dale Jones – **1984** – 800m, 1500m, 4x400m / **1988** – 800m, 1500m / **1992** – 800m
3. Lester Benjamin – **1984** – Long Jump, 4x100m, 4x400m
4. Cuthbert Jacobs – **1976** – 200m, 4x400m Relay
5. Fred Sowerby - **1976**– 400m, 4x400m Relay
6. Conrad Mainwaring – **1976** - 110m Hurdles, 400m Hurdles
7. Oral Selkridge – **1988** – 400m Hurdles, 4x400m
8. Barbara Selkridge – **1988** – 400m
9. Kenmore Hughes – **1992** – 200m, 400m / **1996** - 4x400m (substitute)
10. Piet Jeffrey - **1996** - 4x400m (substitute)
11. Kim Certain – **1996** – 4x400m (substitute)
12. Reuben R. Appleton – **1992** – 1500m
13. Mitchell Browne – **1996** – 4x400m
14. Michael Terry – **1996** – 4x400m
15. Charmaine Thomas – **1996** – 4x100m, 4x400m
16. Dine Potter – **1996** – 4x100m, 4x400m
17. Charmaine Gilgeous – **1992** - 400m
18. Calvin Greenaway – **1976** – Long Jump, 4x100m Relay
19. Everton Cornelius – **1976** – 4x100m Relay
20. Elroy Turner – **1976** – 4x100m Relay, 4x400m Relay
21. Paul Richards – **1976** – 4x100m Relay, 4x400m Relay
22. Maxwell Peters – **1976** – Triple Jump
23. Lavern Bryan – **1984** – 800m, 1500m, 4x400m / **1988** – 800m, 1500m
24. Ruperta Charles – **1984** – 100m, 4x400m
25. Anthony Henry – **1984** – 100m, 4x100m
26. N’Kosie Barnes – **1996** – 4x400m / **2000** – 200m
27. Joycelyn Joseph – **1984** – 400m, 4x400m / **1988** – 200m
28. Monica Stevens – **1984** – 4x400m
29. Joyceline Son-Son – **1996** – 4x100m (substitute)



*Going the Distance; Fulfilling our Purpose.*

30. Sonia Williams – **1996** – 4x100m, 4x400m / **2008** – 100m
31. Alfred Browne – **1984** – 400m, 4x100m, 4x400m / **1988** – 400m, 4x100m, 4x400m
32. James Browne – **1988** – Long Jump
33. Larry Miller – **1984** – 200m, 4x100, 4x400m / **1988** – 4x100m, 4x400m
34. Howard Lindsay – **1984** – 4x400m / **1988** – 200m, 4x100m, 4x400m / **1996** - 4x400m
35. St. Clair Soleyne – **1988** – 100m, 4x100m
36. Brendon Christian – **2004** – 200m / **2008** – 200m
37. Daniel Bailey – **2004** – 100m / **2008** – 100m
38. James Grayman – **2008** – High Jump

## II. Boxing

1. Lornel Francis – **1988** – Bantam, 54kg
2. Daryc Joseph – **1988** – Welter, 67kg

## III. Equestrian

1. *Emily Ward – 2008 – Dressage (Qualified, but unable to attend Games due to injury of her horse – not an Olympian)*

## IV. Cycling

1. Hayden Gomes – **1984** – Points Race
2. Elisha Hughes – **1984** – Points Race
3. Robert Marsh – **1992** - Individual Road Race
4. Ira Fabian – **1988** – 1 km Time Trial, Men’s Sprint
5. Robert Peters – **1992** – Individual Pursuit, Individual Road Race
6. Neil Lloyd – **1988** – 30 km Points Race / **1992** – 1 km Time Trial, Individual Points, Individual Road Race
7. Brian A. Lyn – **1984** - Sprint
8. Rory Gonsalves – **1996** – Mountain Bike Cross Country
9. Patrick Spencer – **1976** – Sprint
10. Donald Christian – **1976** – 1000m Time Trial, 4000m Individual Pursuit
11. Leon Richardson – **1984** – 1000m Time Trial, Sprint

## V. Yachting/Sailing/Windsurfing

1. Inigo Ross – **1984** – Windglider Class
2. Karl James – **1996** – Dinghy (Laser), Mixed / **2000** – Men’s Laser
3. Karen Portch – **1992** – Women’s Europe Class
4. Stedroy Braithwaite – **1992** – Men’s Finn
5. Carlo Falcone – **1992** – Open Events Star
6. Paola Vittoria – **1992** – Open Events Star
7. Ty Brodie – **1992** – Men’s Lechner A-390
8. Eli Fuller – **1988** – Division II Class

## VI. Canoeing

1. Pieter Lehrer – **1996** – 1000m Canoe Sprint Double
2. Jacob Lehrer – **1996** – 1000m Canoe Sprint Double
3. Heidi Lehrer – **1996** – 500m Sprint

## VII. Swimming

1. Malique Williams – **2004** – 50m Freestyle
2. Christal Clashing-O'Reilly – **2004** – 50m Freestyle
3. Kareem Valentine – **2008** – 50m Freestyle

***Source: Antigua and Barbuda National Olympic Association***