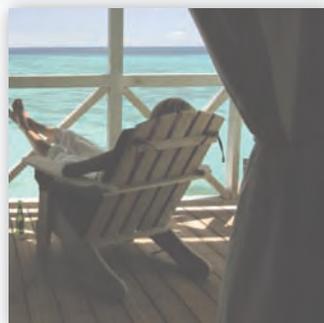
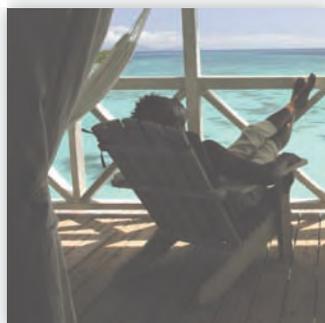
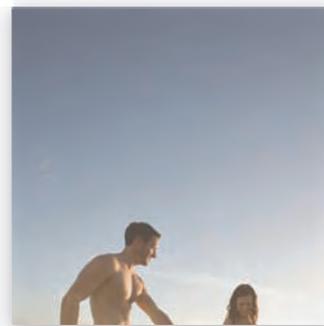


ANTIGUA AND BARBUDA

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Two hearts that beat as one – Antigua and Barbuda – twin island retreats where you are assured a double measure of pleasure and perfection.

Both islands lie at the very centre of the Caribbean and are world famous for their magnificent coastlines, awe-inspiring beauty, and friendly courteous people.

You will find that they are also free from the bustle and noise

found in many other popular tourist destinations, offering a relaxed pace of life that leads to a truly unwinding holiday experience.

Quite simply Antigua and Barbuda are the ultimate double destination, two beautiful islands that offer all the wonders of nature as well as white sandy beaches and guaranteed sunshine that hallmark a holiday in the Caribbean.

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TEL: 01268 643077 FAX: 01268 464465
E-MAIL: GST@PAGEMEDIAGROUP.COM

Produced on behalf of the Antigua and Barbuda Tourism Authority, 25 Floral Street, Covent Garden, London WC2E 9DS

Enquire Number: 020 7031 8160 website: www.visitantiguabarbuda.co.uk email: tourisminfo@aandbtourism.com

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Antigua and Barbuda, The beach is just the beginning



Two hearts that beat as one

Antigua and Barbuda - twin-island retreats where you are assured a double measure of pleasure and perfection.

Both islands lie at the very centre of the Caribbean and are world-famous for their magnificent coastlines, awe-inspiring beauty, and friendly and courteous people. You will find that they are also free from the bustle and noise found in many other popular tourist destinations, offering a relaxed pace of life that leads to a truly unwinding holiday experience.

Antigua offers an astounding 365 beaches - one for every day of the year! Each beach,

whether situated in a tiny shimmering cove, or along an open expanse of shoreline, is ideal for trying out a wide range of water sports for which Antigua is quite rightly renowned. Each has its own distinctive character and set of ardent admirers, often resulting in long arguments about the merits of one beach over another. Finding a stretch of white sand to call your "own" is just one of the many joys of holidaying on this spectacular and sun-kissed island.

If you are looking for the ultimate getaway experience, the beautiful and unspoilt island of Barbuda has a very individual appeal. This tranquil coral island is fringed with secluded pink sand beaches, which stretch for mile upon mile, making it the ideal holiday retreat.

Whilst both Antigua and Barbuda are the perfect "island escape", they also offer an array of sophisticated activities throughout the year.



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Places of Interest

Around Antigua

Even the briefest of visits to Antigua soon reveals how rich the island is in both culture and history and there are many splendid sightseeing opportunities.

Devils Bridge. If you continue beyond Betty's Hope, you will come upon Devil's Bridge, a natural limestone arch created by the action of the surf over countless years. When the tide is running high, the waves, surf and spray are a truly spectacular sight.

Harmony Hall. It is well worth making the 10-minute detour off the road to Half Moon Bay, to pay a visit to Harmony Hall. Built around an old sugar mill, the complex houses an art gallery exhibiting paintings, photographs and crafts by local artists.

The Old Court House in St John's, located at the corner of Long and Market Street, will offer you a memorable glimpse into the history of Antigua and Barbuda. Built in 1747 from stone quarried from Long Island, it is the oldest building still in use in St John's. Today it houses the *Museum of Antigua and Barbuda*.

Ancient Forts

Fort James was built on the promontory at the northern entrance to St John's Harbour to defend both the harbour and the capital. The original fortifications were erected in about 1675, but most of the structures that can be seen today were built in 1749. During the American Revolution the fort boasted 36 guns and accommodation for 70 men, but the guns were never fired in anger.

Fort Barrington. At the northern side of Deep Bay is Goat Hill, which boasts the ruins of the fort that saw the most action in Antigua's history. The present fortifications were built in 1779 and named in honour of the British admiral who had captured St Lucia from the French the year before. A climb to the top will reward you with a bird's-eye view of the entrance to St John's Harbour.

Fort Berkeley. Fort Berkeley guards the entrance to Nelson's Dockyard in English Harbour. The Fort was started in 1704, over 20 years before construction began of the dockyard and it was used up to the mid nineteenth Century.

Fort George. South from the village of Liberta, on Monk's Hill, lie the ruins of Fort George which was built in the 17th century to defend Falmouth. Inside you will discover the fascinating ruins of numerous old buildings, including water cisterns and the three magazines that were constructed to supply 32 large cannons. The view of Falmouth Harbour and the surrounding countryside is quite spectacular.

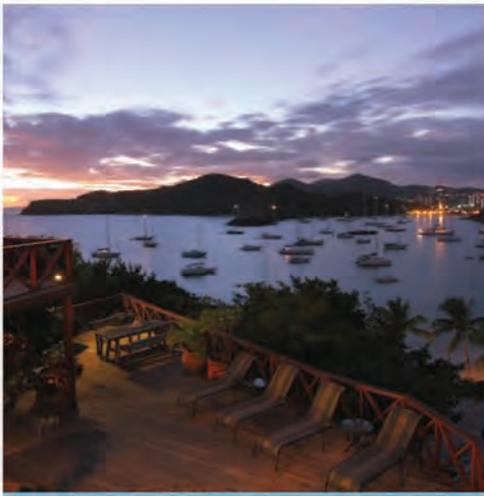
Falmouth Harbour has been a safe anchorage for ships since Antigua's earliest days, and the town on its northern shore was one of the first settlements. The harbour remains very much in use today, providing anchorage for craft ranging from modern racing sloops and motor yachts, to wooden schooners and classic Trumpys.

Fort Charles, on Blake Island in Falmouth Harbour, is one of the oldest forts in Antigua. Construction began in 1672 and, by 1714, it boasted 14 guns with which to defend Falmouth.





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Classic Churches

On visiting St John's for the first time, you will be struck by the sight of the twin spires of the *Anglican Cathedral*, which dominate the town. The original wooden structure was built in 1681 but was replaced in 1722. In 1843 a great earthquake struck and destroyed the church and in the same year construction of the present stone building began.

Parham Church. With its unique octagonal shape, it is undoubtedly one of the most distinctive and beautiful churches in the West Indies. This beautiful building, which was designed by Thomas Weekes, was constructed in the 1840s and has since been painstakingly restored to its present glory.

The town of Parham was one of the earliest settlements in Antigua, although it was never the capital as is sometimes claimed.

St George's. Close to the northern shore of Parham Sound, in an area known as *Fitches Creek*, there you will discover another church worth visiting. St George's enjoys an especially beautiful setting, with views overlooking Fitches Creek on one side and Parham on the other.

Nelson's Dockyard

Your holiday to Antigua would be incomplete without a visit to *English Harbour*, Antigua's most prized historic possession. This is home to the famous *Nelson's Dockyard*, named after Britain's Hero of the Battle of Trafalgar, Admiral Horatio Nelson. It is a great monument to the past and the only working Georgian dockyard in the world, a lively focus of activity today. The dockyard is a continual buzz of excitement

as a result of being the year round home for yachts and for the floating palaces of the famous. It is also an attractive option for a leisurely lunch or an afternoon shopping, as its stately Georgian buildings have been painstakingly restored and many now house restaurants and shops.

The Copper and Lumber Store, which provided copper sheathing for the hulls of wooden ships, now houses a hotel and restaurant.

The Admiral's Inn has also been restored to serve as a hotel, and in this charming setting you can dine on its terraces surrounded by shady trees and stone columns, whilst overlooking an array of magnificent yachts moored in the harbour.

Clarence House was built on the hillside opposite the dockyard in 1787. It was long believed that it was constructed for the use of Prince William Henry, Duke of Clarence. Today it is the official residence of the Governor-General.

A perfect way in which to get a good overview of the island's history before exploring Nelson's Dockyard is to visit the *Dow's Hill Interpretation Centre*.

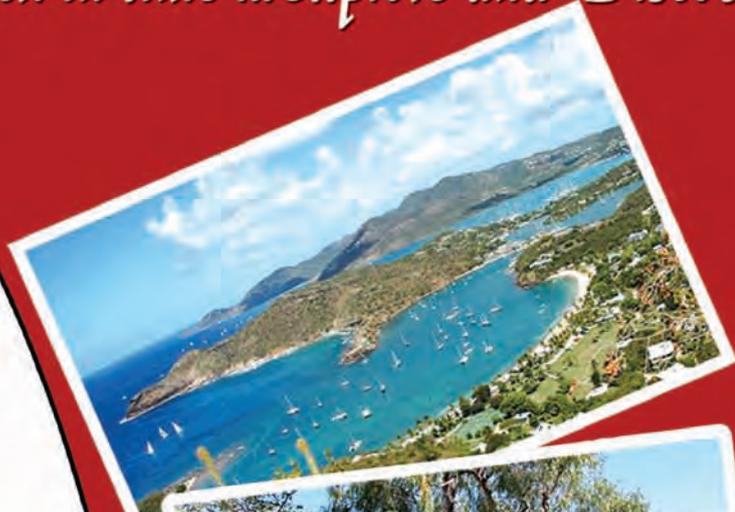
If you are interested in learning a little about some of Antigua's folklore and legend, at *Dow's Hill*, there is an informative lecture and an optional tour of the *Batcave*. A short passage leads into the depths of the cave, and it is said that another goes under the sea to Guadeloupe..

Shirley Heights. The high ground to the east of English Harbour is generally referred to as Shirley Heights, although the name is said to apply more appropriately to the bluff overlooking the harbour, which contains the



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ruins of *Fort Shirley*. The first part of the fortifications was a complex called the Royal Artillery Quarters, which today contains a small museum with exhibits and maps.

If you continue down the road it follows a ridge and you will come across glorious views of *Marmora Bay* and the *St James' Club* to the left. A half-buried cannon marks a fork in the road and if you take the left-hand fork, you will climb to the top of a cliff called *Cape Shirley*, which towers more than 400 feet above sea level. On taking the right-hand fork the road leads to *Fort Shirley*. Here, on the bluff overlooking English Harbour, the gun emplacements and ordnance building have been converted into a restaurant.

Plantation's past

Betty's Hope Sugar Plantation is a pivotal location in Antigua's past. Having arrived in Antigua from Barbados to introduce large-scale sugar production, Christopher Codrington established the estate in 1674, naming it after his daughter. Today, two windmill towers remain, as do the arches of the boiling house. Following restoration, Betty's Hope has the only working sugar mill on Antigua. There is also a small museum on site, which provides interesting background information.

Scenic and Serene

Half Moon Bay is thought by many Antiguanos to be the most beautiful beach on the island. The crescent shape of the bay, and its entrance facing the Atlantic, combine to create a variety of surf conditions, from tiny ripples to crashing rollers.

Fig Tree Drive is one of Antigua's most scenic routes, which winds through the southwestern part of Antigua, from just outside the village of *Liberta to Old Road* at the head of Carlisle Bay. The road is lined with lush vegetation and an abundance of exotic fruit trees including mango and banana. A number of old sugar mills can be seen along the way, as can several beautiful churches.

Shipwrecks and Seashells For those with a fascination for the sea, the *Museum of Marine and Living Art* in St John's provides hours of enjoyment. It has on display an extensive collection of seashells, samples of the numerous and distinctly different sands to be found on the island's beaches, relics from old shipwrecks and copies of items from Antigua's prehistory that are only now being "re-discovered" and studied.

Redonda Off Antigua is *Redonda*, an uninhabited rocky islet, once important for phosphate and guano.

Carnival

For those wishing to soak up some true Caribbean culture and sunshine in an atmosphere of fun and frolics, a spectacular event which is favoured by many regular visitors to Antigua is Carnival. This exuberant expression of Antigua's joy for living, which takes place over the end of July and the beginning of August. For several days the streets of the capital, St John's, pulsate with high-energy music and vibrant dancing, accompanied by a rainbow of colourful costumes and floats. Partying and good-humoured competition is non-stop, and special events feature each evening, such as the Carnival Queen Competition and the Calypso Monarch Competition.

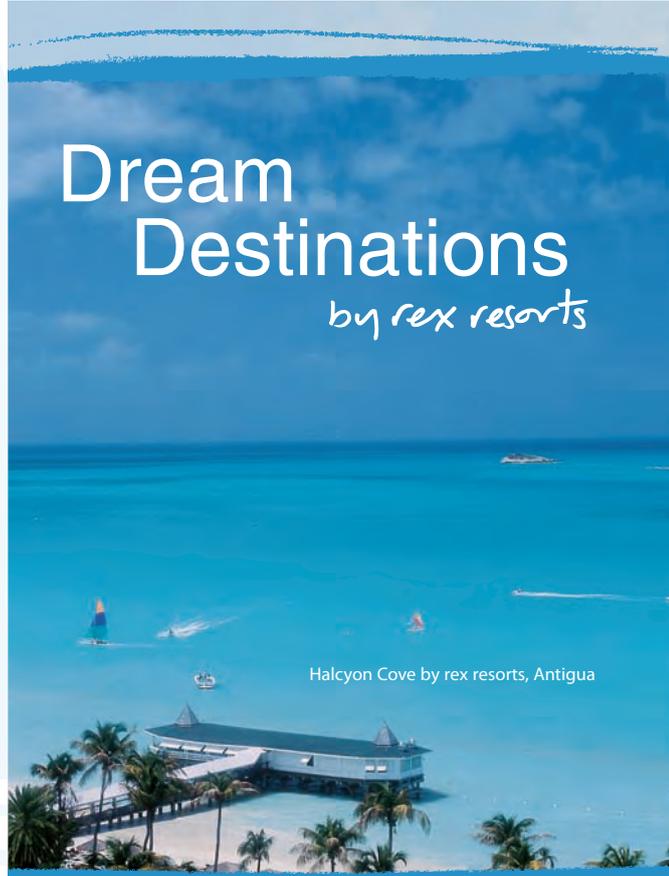
There is also a Children's Carnival, which includes a Teenage Pageant as well as school calypso competitions, ideal for children aged up to 12 years old.

J'Ouvert is perhaps the highlight of Carnival. It starts in the early hours of the last Monday morning of the festival with everyone dancing - "jumpin' and jammin'" as it's called locally - to steel band music in the streets of St John's until late morning. For Antiguan, this is one of the most favoured events and those who can stay the course are rewarded with delicious local breakfast specialities sold by the numerous street vendors.

Carnival concludes with spectacular parades on the final Monday and Tuesday afternoons, when you can witness an extravaganza of magnificent costumes, bands and floats. Following the presentation of prizes and final formalities, participants and spectators then take to the streets in "Last Lap", a final celebratory street "jump-up" that runs from 6pm to midnight.



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Beauty in Barbuda

As well as boasting many breathtakingly beautiful and secluded beaches, Barbuda also offers an abundance of wildlife, which includes a variety of birds, wild boar and fallow deer. The island's overriding sense of space is primarily as a result of its mere 1,500 inhabitants who live mostly in *Codrington*, the capital.

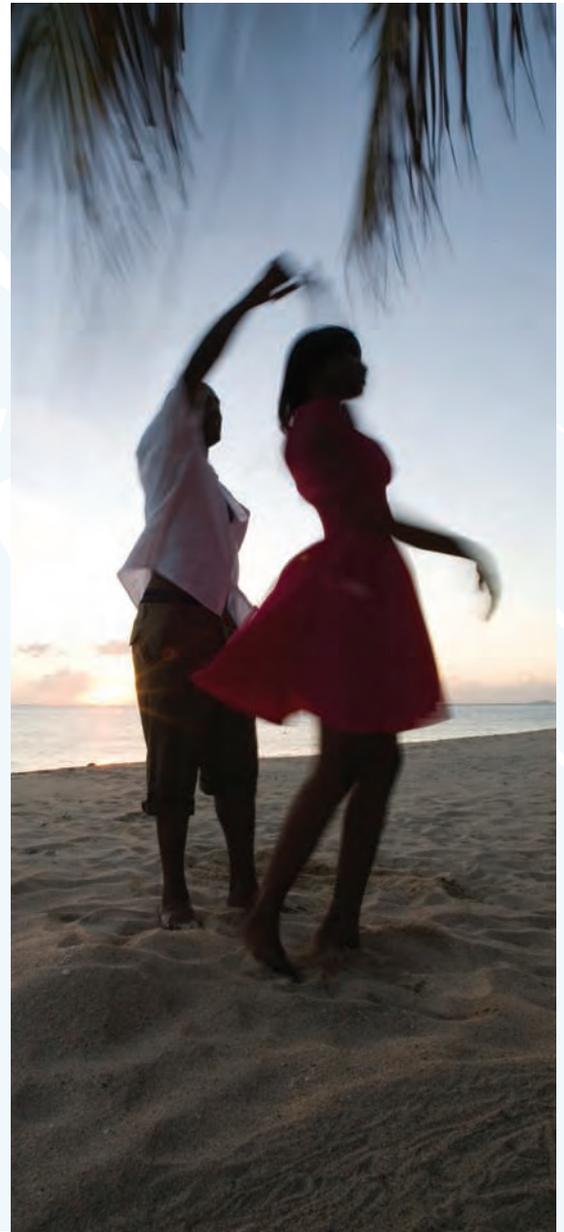
Visitors to Barbuda will be treated to some of the best beaches in the Caribbean, whether for beachcombing, sunbathing or water sports. One beach stretches unendingly for 11km and, at certain times of the year, is covered with pastel-pink sand from the coral reef. Offshore, several centuries' worth of shipwrecks can be explored by enthusiastic divers.

On the island's north-western side lies a peaceful sanctuary; a sleepy lagoon overgrown with thick mangrove shrubs, which is home to the extraordinary *Frigate Bird*. The Frigate Bird Sanctuary is part of the Codrington Lagoon National Park, ensuring the continued

protection of the local wildlife. As these huge and majestic birds have no fear of people, boatmen are able to take visitors in close for a unique and fascinating encounter.

Further attractions are the *Martello Tower*, which previously defended the south-western approach to Barbuda, and the *Highland Cave System*, which is virtually unexplored and is a marvellous attraction for visitors interested in speleology.

Finally, having visited one or several of Barbuda's many attractions, what better way to appreciate the Caribbean lifestyle than with a leisurely lunch of local lobster, reputedly the best in the world. With a daily flight on Winair, private charters and daily ferry service on Barbuda Express, Barbuda is the ideal day excursion from Antigua. For visitors planning to stay longer than a day there are a selection of guest houses, Inns and a small intimate hotel, the Lighthouse Bay Resort.



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Outdoor Pursuits

For lovers of outdoor pursuits, Antigua and Barbuda offer a plethora of sporting activities including golf, tennis, squash, riding, cycling and every conceivable water sport, notably diving, wind surfing and sailing

Sailing

When it comes to putting acres of billowing white sails into the wind, the name Antigua is internationally revered. The island hosts three of the top yachting events in the world: *Antigua Sailing Week*, the *Classic Yacht Regatta* and *Nicholson's Charter Yacht Show*.

Antigua Sailing Week is one of the great events on the international calendar, when spectators and seafarers alike revel in glorious racing, perfect weather and a host of convivial beach parties and lively entertainment around the island. Hundreds of people gather in the beautiful and historic naval dockyard at English Harbour and nearby coastal vantage points in late April/early May, just to be part of this most famous maritime Mardi Gras.

The Antigua Classic Yacht Regatta, which precedes Sailing Week, is an equally splendid occasion, providing the opportunity to witness more than 50 of the world's finest classic yachts, schooners and gaffers majestically take to the seas.



The Charter Yacht Show, it is said to be the largest in the world. Although only brokers are allowed to board the boats because of the businesslike nature of the event, this congregation of some of the world's finest and most glamorous yachts makes the show a great occasion even for those who are simply admiring from the water's edge.

Diving

Antigua boasts an incredible array of dive sites that consist of the barrier reefs which fringe the island, deep caverns, sheer walls, fascinating wrecks and thrilling drop-offs. Of note are the fallen rocks off the south coast, which have formed a challenging collection of caves, fissures and channels.

Among some of the best dive sites are the following:

Cades Reef - This is an extensive formation that stretches for more than two miles, with abundant fish life and a wide variety of soft and hard corals.

The Chimney - This site features a small cove at a depth of 60ft with sponge-filled gullies descending as deep as 80ft.

Monk's Head - It is easy to see where this site gets its name, as there is an abundance of coral fringes which are crowned with mounds of sand. Here divers have the chance to spy large stingrays and rare eels.

Thunderhead - This wreck-strewn reef is just a short boat ride from most hotels. At only 35ft, the site allows plenty of time for exploring its gently sloping hard coral.

The Ridge - Small coral heads honeycomb the area of this wall dive, which drops from 25ft to 60ft. It provides a haven for reef fish, nurse sharks and the occasional turtle.

The AndesWreck - The name of this site is taken from an 80-year-old freighter lying in just 20ft of water at the entrance of Deep Bay.

Jetias - This site is named after a 310ft steamer that sank in 1817 and now lies in 25ft of water.

Ariadne Shoal - It is well worth the trip of almost an hour to visit Ariadne Shoal. With depths that range from 50ft to 80ft, here divers can discover a variety of large fish, turtles, nurse sharks and reefs crawling with lobsters.

Cape Shirley - In the seas below Antigua's historic landmark, there are numerous dive sites of up to 100ft, with a mini-wall, coral ledges and rock formations that shelter rays, turtles and spade fish.

Sunken Rock - A site for experienced divers only, Sunken Rock has a minimum depth of well over 120ft and is home to barracuda, amberjack and rays.



Snorkelling

For those who don't dive, another wonderful way to enjoy Antigua and Barbuda's glorious underwater sights is to don mask and flippers and simply paddle away gently at your own speed.

Windsurfing

Antigua is regarded as "one of the Northern Hemisphere's best-kept secrets" by Peter Hart, British windsurfing guru. The island has bays that are perfect for every level of enthusiast, from wobbly beginner to top-notch expert.

Kitesurfing

Antigua and Barbuda is home to former champion Kite surfer Andre Phillip. Other notable kite surfing spots include, Green Island, North & Coco Point Beaches in Barbuda and now at the brand new school at Non Such Bay Resort. Both Islands offer ideal conditions for all levels of kite surfer.

And for the Landlubbers!!

For those who are natural landlubbers, Antigua and Barbuda provide an array of outdoor activities:

Golfing for the serious enthusiast at the Cedar Valley and Jolly Harbour championship courses.

Guided cycling tours, with special rates for families, or for greater freedom individual bikes for hire.

Horse-riding offering anything from gentle canters along the beach to more organised trekking.

Tennis and squash available at many hotels, some of which hold a weekly tennis guest tournament.

Cricket
When it comes to spectator sport, what could



the main attraction be in the Caribbean other than cricket? To be in Antigua during a Test Match is pure cricketing heaven, giving fans the chance to watch world-class players amid the irrepressible and infectious good-natured excitement of the Antiguan spectators.

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Shopping in Style

Whether you prefer to shop for the latest European fashions at duty free prices, or just stroll around an area rich in historical and architectural interest, *Redcliffe Quay* and *Heritage Quay* offer a very pleasant day out in St John's.

In 1991, historic Redcliffe Quay was awarded a prestigious American Express Preservation Award. The restored waterfront, which once formed the heart of the bustling coffee and sugar trade with 17th century Europe, now offers a sensational shopping and dining experience.

For handmade jewellery as a unique reminder of your Caribbean holiday, designer labels, or local Caribbean designed clothing, *Redcliffe Quay* and *Heritage Quay* are highly recommended. If you want to eat out in some of the best establishments on the island, stop by for breakfast, lunch or dinner in one of the many restaurants which are located in restored warehouses.





Fun for the Family

Antigua Rainforest CanopyTours

Take the challenge of a lifetime and zip across the top of the rainforest canopy. There are 4 tours on offer all which bring you back to bar and café facilities where you can relax and enjoy stunning views.

A cruise on the Black Swan

Weigh anchor with the Pirates and set sail to Deep Bay, where you will enjoy Rope Swinging and Walking The Plank. Snorkel above a real life Ship Wreck & look for hidden treasure. Try the famous Pirate Punch from the open bar throughout the cruise. A sumptuous buffet meal is prepared for you on an open grill. On the voyage back to port, dance the day away to the pulsating rhythms of the Caribbean. A suitable end to an unforgettable day!

Nelson's Dockyard National Park

For another complete day out, the Nelson's Dockyard National Park offers the only working Georgian dockyard in the world, a museum, nature trails and a splendid sight-and-sound show that explains the history of Antigua and Barbuda.

Swim with Stingrays

Take a short boat ride and visit Stingray City where you can learn all about these amazing creatures as well as feeding and touching them. Snorkeling amongst them in clear calm shallow waters makes this an amazing experience for all the family.

Betty's Hope "Turn Her In... Turn Her Out" Exhibition and Country Fair

is a relaxed family outing at the only working sugar mill in the Antigua.

The Annual Model Boat Race

Competition is another firm favourite with children, who love watching these perfectly scaled down marine works-of-art in action.

Kite Festival

The Antigua and Barbuda International Kite Festival is an Event not to be missed. This annual kiting festival is a great opportunity for kite flyers to indulge in their favourite pastime. There is certainly plenty of kiting activities on the agenda, but there's also enough down time to allow participants to enjoy island life.





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Weddings

Antigua and Barbuda are a lover's paradise, whether for celebrating love's first flush, or many happy years of being together. Who could not fail to fall under their romantic spell, sipping a cooling cocktail in the shade of a cabana on a coral-fringed beach, or enjoying an intimate candlelit dinner under the stars? In fact, Antigua is very popular for weddings, and ceremonies can either be held in true island-style on the beach, or more traditionally in church. The honeymoon packages offered by many of the leading hotels are designed to ensure that each and every couple feels special from the moment they arrive. A complimentary bottle of chilled Champagne, a bowl of fresh fruit, or exotic flowers may well await them in their room, setting the scene for days of romantic escapism.

Formalities

Arrangements can begin as soon as a couple arrives (unless they want a church wedding, in which case they must contact the corresponding church official well in advance). The requirements are: presentation of valid passports or birth certificates, ID Card or Immigration form and proof of status (if single a declaration signed in Antigua; if divorced a Decree Absolute; if a widow or widower, Marriage and Death Certificates). In the case of a name change, the Deed Poll under which

the change has been made must be presented. A Special License costs EC\$405 or US\$150 and the registration fee is EC\$100 or US\$40. The marriage offices fee is EC\$270 or US\$100. An official marriage certificate costs EC\$25 or US\$10.

All legal details can be quickly sorted out in a single visit to the Ministry of Legal Affairs on Queen Elizabeth Highway (Tel: +1268 562 0381), or call the Tourism Authority for information. And when the wedding celebrations are over, newly-weds don't have to make tearful farewells or rush for a plane, they can simply wander down the beach and let the honeymoon begin.

Most of the UK's leading tour operators will be happy to make your wedding arrangements for you, indeed many have specialist departments to take care of every detail. And after the ceremonies are over, where better to unwind and enjoy your first days of wedded bliss than on the idyllic twin-island state of Barbuda - the perfect honeymoon destination.



Where to Stay

Antigua and Barbuda boast an array of accommodation options, many of them located on the island's finest shores. They comprise a total of about 3,500 hotel rooms, offering visitors 7,000 beds, in accommodation that ranges from modest hotels and informal guest houses, to luxurious resorts and exclusive hideaways. Although no official classification exists, there are a range of category 3 to 5-star hotels. Almost all hotels and apartments are of international standard and are located on, or near to, at least one of the unspoilt white sand beaches for which Antigua is quite rightly famed. The majority of rooms are air-conditioned or furnished with ceiling fans and several of the hotels offer an extensive range of sporting facilities and varied entertainment.

Many of Antigua's resort hotels have representatives in the United Kingdom and in other European countries.

ADMIRAL'S INN

PO BOX 313, English Harbour, Antigua
Tel: (268) 460 1027
admirals@candw.ag
www.admiralsantigua.com

ANTIGUA VILLAGE CONDO BEACH RESORT

P.O. Box 649, Dickenson Bay, Antigua
Tel: (268) 462 2930
antiguavillage@candw.ag
<http://www.antiguavillage.net>

ANTIGUA YACHT CLUB MARINA RESORT

Falmouth Harbour, Antigua
Tel: (268) 562 3030
aycmresort@candw.ag
www.aycmarina.com

ANTIGUA YEPTON COTTAGES

P.O.Box 1448 St. John's, Antigua
Tel: (268) 727 3239/(268) 463 8698
cottages@yepton.com
www.yepton.com

BLUE WATERS

P.O.Box 256 Soldier Bay, St. John's, Antigua WI
Tel: +44 (0) 870 360 1245
bluwaters@threesixtyhotels.com
www.bluwaters.net

BUCCANEER BEACH CLUB

PO Box 327, Dickenson Bay, Antigua
Tel: (268) 562 6785
buccaneerbeachclub@candw.ag
www.buccaneerbeach.com

CARLISLE BAY

Old Road, St. Mary's, Antigua
Tel: (268) 484 0000
info@carlisle-bay.com
www.carlisle-bay.com

CATAMARAN HOTEL

P.O.Box 958 Falmouth Harbour, Antigua
Tel: (268) 460 1036
catclub@canw.ag
www.catamaran-antigua.com

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COCOBAY

P.O.Box 431 Valley Church, St. John's,
Antigua WI
Tel: (268) 562 2400
cocobay@candw.ag
www.cocobayresort.com

COCONUT BEACH CLUB

P.O.Box 1427 Yepton Estate, St. John's,
Antigua WI
Tel: (268) 462 2520
reservations@coconutbeachclub.com
www.coconutbeachclub.com

COCOS

Jolly Harbour P.O.Box 2024 Jolly Harbour,
St. John's, Antigua WI
Tel: (268) 460 2626
cocos@candw.ag
www.cocoshotel.com

COPPER AND LUMBER HOTEL

Copper and Lumber Store Hotel Nelson's
Dockyard, P.O. Box 184, English Harbour
Tel: (268) 460 1058/(268) 460 1160
chlhotel@candw.ag
www.copperandlumberhotel.com

CURTAIN BLUFF HOTEL

P.O.Box 288 Old Road, St. John's, Antigua WI
Tel: (268) 462 8400
curtainbluff@curtainbluff.com
www.curtainbluff.com

ELLE COLONNA

P.O. Box W1892, Hodges Bay, St. John's,
Antigua WI
Tel: (268) 462 6263
colonna@candw.ag
www.sunsail.co.uk

GALLEON BEACH CLUB

P.O.Box 1003, English Harbour, St. John's,
Antigua WI
Tel: (268) 460 1024
galleonbeach@candw.ag
www.galleonbeach.com

GALLEY BAY

P.O.Box 305, Five Islands, Antigua
Tel: (268) 462 0302 UK: 0870 160 9645
res@eliteislandresorts.com
www.eliteislandresorts.com

GRAND PINEAPPLE BEACH RESORT

P.O.Box 2000, Long Bay, Antigua
Tel: (268) 463 2006 UK: +44 (0) 207 590 0262
www.grandpineapplebeachresort.com

GRAND ROYAL ANTIGUAN BEACH RESORT

P.O.Box 976, Deep Bay, St. John's, Antigua
Tel: (268) 462 3733
reservations@grandroyalantiguan.cm
www.grandroyalantiguan.com

HALCYON COVE BY REX RESORTS

P.O.Box 251, Dickenson Bay, Antigua
Tel: (268) 462 0256
hchanu@rexresorts.net
www.rexresorts.com

HAWKSBILL BEACH BY REX RESORTS

P.O.Box 108, Five Islands, Antigua
Tel: (268) 462 0301
hbaanu@rexresorts.net
www.rexresorts.com

HERITAGE HOTEL

P.O.Box 1532, Heritage Quay, St. John's,
Antigua
Tel: (268) 462 1247
heritagehotel@candw.ag
www.heritagedowntown.com

HERMITAGE BAY

P.O. Box 60, St John's
Tel: (268) 562 5500
info@hermitagebay.com
www.hermitagebay.com

JOLLY BEACH RESORT & SPA

Bolans Village, P.O.Box W2009, Bolans Village,
St. John's, Antigua WI
Tel: 01372 469818
info@ihml.com
www.jollybeachresort.com

JUMBY BAY RESORT

P.O.Box 243, Long Island, St. John's, Antigua WI
Tel: (268) 462 6000
jumbybay@rosewoodhotels.com
www.jumbybayresort.com

LIGHTHOUSE BAY RESORT

Low Bay, Barbuda
Tel: (268) 562 5331
info@lighthousebarbuda.com
www.lighthousebarbuda.com

LONG BAY HOTEL

Po Box 442, St John's
Tel: (268) 463 2005
info@longbayhotel.com
www.longbayhotel.com

NON SUCH BAY RESORT

P.O. Box 662, Hughes Point, St Phillip
Tel: (268) 720 3020
reservations@nonsuchbayresort.com
www.nonsuchbayresort.com

OCEANIC VIEW EXCLUSIVE VACATION COTTAGES

Freemansville, Antigua
Tel: (268) 562 6500
oceaniccottages@hotmail.com
www.oceanicviewantigua.com

SANDALS GRANDE ANTIGUA

PO Box 147 Dickenson Bay St John's
Tel: (268) 462 0267
sandals@candw.ag
www.sandals.com

SIBONEY BEACH CLUB

P O Box 222, Dickenson Bay, St John's,
Antigua WI
Tel: (268) 462 0806
siboney@candw.ag
www.siboneybeachclub.com

ST. JAMES'S CLUB

PO Box 63, Mamora Bay
Tel: (268) 462 5000 US: 1 800 858 4618
UK: 0870 160 9645
res@eliteislandresorts.com
www.eliteislandresorts.com

SUGAR RIDGE

St Mary's
Tel: (268) 562 7700
www.sugarridgeantigua.com

THE INN AT ENGLISH HARBOUR

P.O. Box 187, English Harbour, St. John's,
Antigua WI
Tel: 0844 463 6706
theinn@candw.ag
www.theinn.ag

TRANQUILITY BAY

P.O. Box 94, Bolans, St. John's, Antigua WI
Tel: (268) 562 5183 / (268) 562 5185
info@jollybeachvacations.com
www.jollybeachvacations.com

THE VERANDAH RESORT AND SPA

PO Box 54, Long Bay, Antigua
Tel: (268) 562 6848 US: 1 800 345 0356
res@eliteislandresorts.com
www.eliteislandresorts.com

TRADEWIND REALTY LTD

Antigua Villa Rentals, Main Road, Falmouth,
Antigua
Tel: (268) 460 1082
pidduckg@candw.ag
www.tradewindrealty.com

TRADEWINDS HOTEL

Dickenson Bay, PO Box 1390, St. John's,
Antigua WI
Tel: (268) 462 1223
cherylcarter@twhantigua.com
www.twhantigua.com

For a selection of small hotels & Inns visit:
www.antigua-vip.com

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Restaurants and bars

For reservations: reservations@jollybeachvacations.com
Tel: (268) 562-5183/5
www.jollybeachvacations.com

Where to Dine

Antiguan cuisine reflects the island's rich cultural heritage. Expect spicy Creole dishes to rub shoulders with traditional English fare, and tasty West Indian snacks to contrast with international haute cuisine.

Among some of the most popular restaurants on the island are the following:

Bay House Restaurant & Bar
Trade Winds Hotel
Tel: (268) 462 1223

The Beach Restaurant
Dickenson Bay
Tel: (268) 480 6943

Big Banana Holding Co Ltd (Pizzas)
Redcliffe Quay, St John's
Tel: (268) 480 6985

Captains Quarters
The Catamaran Hotel, Falmouth Harbour
Tel: (268) 460 1036

Carmichael's Restaurant
Sugar Ridge, Tottenham Park, St Mary's
Tel: (268) 484 3703

Coconut Grove Beach Bar & Restaurant
Dickenson Bay, St John's
Tel: (268) 462 1538

Coco's Antigua
Valley Road, Box 2204, Jolly Beach
Tel: (268) 462 9700

Commissioner Grill
Commissioner Alley & Redcliffe Street, St John's
Tel: (268) 462 1883

Harmony Hall
Brown's Bay (Near Freetown), St John's
Tel: (268) 460 4120/(268) 463 8657

Hemingway's Caribbean Cafe
St Mary's Street, St. John's
Tel: (268) 462 2763

Home Restaurant
Luther George Pl, Gambles Terrace, St John's
Tel: (268) 461 7651

Le Bistro French Restaurant
Hodges Bay, St John's
Tel: (268) 462 3881

Mama Lolly's Vegetarian Cafe
Redcliffe Quay, St. John's
Tel: (268) 562 1552

OJ's Restaurant
Crabbe Hill Beach, St Mary's
Tel: (268) 460 0184

Papa Zouk
Hilda Davis Dr., Gambles Terrace, St. John's
Tel: (268) 464 7576

Shirley Heights Lookout
Shirley Heights, All Saints
Tel: (268) 460 1785

Sugar Club Restaurant
Sugar Ridge, P.O. Box 153 Jolly Beach,
Tottenham Park, St Mary's
Tel: (268) 484 3702

Trappas
English Harbour
Tel: (268) 562 3534

The Waterfront Bar & Grill
Next to Elle Colonna Hotel, Hodges Bay
Tel: (268) 561 3828

Events 2010

March

CARLISLE BAY CRUISE WEEKEND

Antigua Yacht Club - Tel: 460 1799

REPLICATION OF AN

ARCHAEOLOGICAL DIG (cont.)

Exhibit of Colombian Zemi artifacts - Museum of Antigua and Barbuda - Tel: 462 4930

INTERNATIONAL LASER OPEN

Antigua Yacht Club - Tel: 460 1799

FIELD TRIP

Environmental Awareness Group - Tel: 462 6236

EXHIBITION

Harmony Hall - Tel: 460 4120

COMPETITIVE MUSIC FESTIVAL

Multi-Purpose Centre, Cultural Division - Tel: 462 3586

April

2nd **GOOD FRIDAY** Public Holiday

5th **EASTER MONDAY** Public Holiday

ANNUAL MODEL BOAT RACE COMPETITION

The Catamaran Club, Falmouth. An unusual opportunity to see these perfectly scaled-down marine works of art compete and be proudly shown by their owners, boatbuilders and skippers - Tel: 462 0480/2506

ANTIGUA CLASSIC YACHT REGATTA

One of the foremost classic yacht regattas in the world, including events such as the Parade of Classics, Tall Ships race, Heritage Day and Gig-racing - Tel: 460 1799

UNDERWATER ARCHAEOLOGY AND SHIPWRECKS AROUND ANTIGUA AND BARBUDA

Museum of Antigua and Barbuda - Tel: 462 4930

KITE FESTIVAL

Various venues - Tel: 560 5693 (see www.intropikites.com for locations and dates)

GADELOUPE TO ANTIGUA RACE

Antigua Yacht Club - Tel: 460 1799

EXHIBITION Harmony Hall - Tel: 460 4120

BACK II LIFE FESTIVAL 2010

Soul II Soul's Annual Caribbean Excursion - Tel: 011 (44) 207 439 9090 - www.soul2soul.co.uk/back2life

43rd ANNUAL ANTIGUA SAILING WEEK

REGATTA The world's finest sailing craft meet for this famed week of competitive racing and beach parties - Tel: 462 8872

22nd EARTH DAY CELEBRATION

Environmental Awareness Group - Tel: 462 6236

UNDER THE SEA Multi-media presentation by renowned international diver - Museum of Antigua & Barbuda (upstairs gallery) - Tel: 462 4930

May

3rd **LABOUR DAY** Public Holiday

UNDERWATER ARCHAEOLOGY AND SHIPWRECKS AROUND ANTIGUA AND BARBUDA (cont.)

Museum of Antigua and Barbuda - Tel: 462 4930

ANGLICAN FOOD FAIR

The Deanery Grounds, St. John's - A variety of stalls and stands with a feast of Antigua, Barbudan and Caribbean fare - Tel: 462 0820

The Copper and Lumber Store Hotel

Colonial Caribbean with a twist!

Situated in the heart of the historical Georgian Period British Naval Dockyard, is the picturesque Copper and Lumber Store Hotel. No other hotel in the region can boast as unique a historical legacy or match its unique ambiance.

Each spacious room reflects a balance of authentic Georgian heritage with the realities of modern life. Antique period furniture, paintings, and historical period brass and pewter pieces decorate the rooms; yet they are all fully air-conditioned and have colour televisions, internet service, private bathrooms and kitchenettes.

The location of the hotel, in the heart of the restored Nelson's Dockyard, a world class tourism attraction and yachting marina, places it conveniently near to many fine restaurants

The Copper and Lumber Store Hotel is elegant, special, picturesque and romantic. Its waterfront setting in the restored 18th century British Naval Dockyard with its rich historical ambiance can only be described as awesome.



Nelson's Dockyard, English Harbour, Antigua

Telephone: 1-268-460-1058 Facsimile: 1-268480-1529

Email: clhotel@candw.ag Website: www.copperandlumberhotel.com

ANNUAL ANTIGUA TENNIS WEEK

Curtain Bluff Hotel. Join international tennis professionals for a stimulating combination of world-class tennis and instructional clinics - Tel: 462 8400

ST. PAUL' S CULTURAL FESTIVAL

An exciting week of competitions, cultural displays, food, drink, partying, church services and choir concerts - Tel: 562 1725

BLIND AWARENESS MONTH

The main fund-raising period for The Antigua and Barbuda Society for the Blind, with various activities helping to raise local and visitor awareness of the blind or visually impaired - Tel: 462 0663

FIELD TRIP

Environmental Awareness Group - Tel: 462 6236

RED CROSS DAY - Tel: 462 0800

CARIBANA

The annual jump-up and major carnival in Barbuda - Tel: 562 7066

24th **WHIT MONDAY** Public Holiday

June

DIGICEL 2010 INTERNATIONAL HOME SERIES

West Indies vs South Africa cricket match at the Sir Vivian Richards Cricket Stadium. Contact West Indies Cricket Board - Tel: 481 2450

44TH ANTIGUA & BARBUDA SPORTS FISHING TOURNAMENT

Phillip Shoul, President - Tel: 460 7400

WORLD OLYMPIC DAY RUN

Antigua and Barbuda Olympic Association - Tel: 462 3476

FIELD TRIP Environmental Awareness Group - Tel: 462 6236

GREEN ISLAND WEEKEND (FULLMOON)

Antigua Yacht Club - Tel: 460 1799

SHOW JUMPING

Spring Hill Riding Club - Tel: 723 2889

ANTIGUA AND BARBUDA OPEN GOLF TOURNAMENT

Cedar Valley Golf Club - Tel: 462 0161

July

CARNIVAL EXHIBITION

Photographs and costumes in retrospect - Museum of Antigua and Barbuda - Tel: 462 4930

TURTLE WATCH

Environmental Awareness Group - Tel: 462 6236

ANTIGUA CARNIVAL CELEBRATIONS

End of July - beginning of August. A week of non-stop music and dance culminating in a spectacular costume parade - Tel: 462 4707

THE SIR VIVIAN RICHARDS HEINEKEN CLASSIC GOLF TOURNAMENT

Cedar Valley Golf Course - Tel: 462 0161

August

2nd - 3rd **CARNIVAL** Public Holidays

CARNIVAL EXHIBITION (cont.)

Museum of Antigua & Barbuda - Tel: 462 4930

TURTLE WATCH

Environmental Awareness Group - Tel: 462 6236

MANGO FESTIVAL

Christian Valley - Tel: 5602035

September

FIELD TRIP

Environmental Awareness Group - Tel: 462 6236

2010 POLICE WEEK

Royal Antigua and Barbuda Police Force - Tel: 462 0125

TURTLE WATCH

Environmental Awareness Group - Tel: 462 6236

FIELD TRIP

Travel through time from St. John's to Tranquilvale, Darkwood Beach - Museum of Antigua & Barbuda - call for reservations, Tel: 462 4930

October

JUBILATION GOSPEL FESTIVAL

William Dorsett - Tel: 7203120

FIELD TRIP

Environmental Awareness Group - Tel: 462 6236

PRE-INDEPENDENCE CELEBRATIONS

Commence with a service of thanksgiving, various programmes and events up to the 31st, which is the National Dress Day, Food Fair and Exhibition

ROTARY CLUB OF ANTIGUA SUNDOWN FUNDRAISING GOLF TOURNAMENT

Jolly Harbour Golf Club - Tel: 462 7771

SPRING GARDENS MORAVIAN INDEPENDENCE FOOD FAIR

Tel: 461 0656

ANTIGUA OPEN BRIDGE TOURNAMENT

Al James, Chairman of the Organising Committee - Tel: 462 1459

THE JOLLY HARBOUR ANNUAL REGATTA

Jolly Harbour Yacht Club. Four races, different categories, primarily for local yachts and a great spectator event. Tommy Paterson - Tel: 461 6300

FIELD TRIP

Travel through time from St. John's to Parham Town - Museum of Antigua & Barbuda - call for reservations, Tel: 462 4930

TURTLE WATCH

Environmental Awareness Group - Tel: 462 6236

November

2nd **ANTIGUA'S 29th ANNIVERSARY OF INDEPENDENCE** Public Holiday

ARBOUR MONTH

Week of Activities Environment Division - Tel: 460 7278

ANTIGUA & BARBUDA INTERNATIONAL LITERARY FESTIVAL

Tel: 480 2999

www.caribbeanliteraryfestival.com

LOCAL ART EXHIBITION

Selected handmade craft and art - Museum of

Antigua & Barbuda - Tel: 462 4930

CURTAIN BLUFF HOTEL TENNIS CONCEPT

An event of world-class tennis - Tel: 462 8400

FIELD TRIP

Environmental Awareness Group - Tel: 462 6236

NATIONAL SYMPHONY ORCHESTRA PRODUCTION

Ministry of Education - Tel: 462 0192

MOODS OF PAN

An exciting showcase by steelband orchestras and musicians - For further information,

Tel: 727 6633

ANNUAL TOURISM WEEK

A fun-filled week of celebrations - Tel: 462 0480

ANTIGUA & BARBUDA/ DIGICEL INDEPENDENCE TOURNAMENT

Cedar Valley Golf Club - Tel: 462 0161

December

9th **NATIONAL HEROES' DAY** Public Holiday

49th ANTIGUA CHARTER YACHT SHOW

The world's oldest charter yacht show where boats from the world over converge on English and Falmouth Harbours. From sloops and cutters to schooners and catamarans plus luxurious motor yachts - Tel: 460 1059

ZOOM 8 CHAMPIONSHIP

Kids between 10 and 18 get together at the Antigua Yacht Club to race these Zoom 8 dinghies. Lots of fun for all - Tel: 460 1799

CHRISTMAS GYMKHANA

Spring Hill Riding Club - Tel: 723 2889

CHRISTMAS MASQUERADES EXHIBITION

Museum of Antigua & Barbuda - Tel: 462 4930

NATIONAL YOUTH CHOIR PRODUCTION

Cultural Division - Tel: 462 3586

CHRISTMAS HAMPER TOURNAMENT

Cedar Valley Golf Club - Tel: 462 0161

25th **CHRISTMAS DAY** Public Holiday

CHAMPAGNE PARTY IN NELSON'S DOCKYARD

Something completely different and fun. An annual tradition in which many visitors and locals gather from noon onwards for partying to live bands, quaffing reasonably priced bottles of champagne (kept in ice-filled baths), with all proceeds going to the Hourglass Foundation Charity. join in for an historical, colourful and festive day

26th **BOXING DAY** Public Holiday

HIGH TIDE SERIES

Antigua Yacht Club - Tel: 460 1799

WORLD AIDS DAY

The Aids Secretariat has a week of activities - Tel: 460 6209

NELSON'S PURSUIT RACE

Antigua Yacht Club - Tel: 460 1799

NOTE: ALL INFORMATION IS CORRECT AT TIME OF GOING TO PRESS, BUT MAY BE SUBJECT TO CHANGE.

Tour Operators

BA Holidays www.britishairways.com

Best at Travel www.bestattravel.co.uk

Caribtours www.caribtours.co.uk

Carrier www.carrier.co.uk

Elegant Resorts www.elegantresorts.co.uk

Hayes & Jarvis www.hayesandjarvis.co.uk

ITC Classics www.itcclassics.co.uk

Just Caribbean www.justcaribbean.com

Key2 Holidays www.key2holidays.co.uk

Kuoni www.kuoni.co.uk

Letsgo2 www.letsgo2.com

Prestbury Travel
www.prestburytravelcaribbean.co.uk

Q Holidays www.qholidays.co.uk

Seasons in Style www.seasonsinstyle.com

SN Travel www.sntravel.co.uk

The Holiday Place www.theholidayplace.co.uk

Thomas Cook www.thomascook.com

Thomson www.thomson.co.uk

Trailfinders www.trailfinders.com

Virgin Holidays www.virginholidays.co.uk

Useful Information

Banking and shopping

Banks are open from 8am to 2pm Monday to Thursday, and on Friday from 8am to 4.30pm. On Saturdays some banks are open until midday. Normal shop opening hours are 8am to 5pm Monday to Saturday.

Car Rental

Several international car rental companies are located at VC Bird International Airport. A local driver's permit is obtainable on presentation of a valid driver's licence and payment of US\$20. Driving is on the left.

Clothing

Light summer attire is suitable at all times. Some hotels and air-conditioned restaurants stipulate jacket and tie for men and dresses for women in the evening. Swimsuits are not recommended for the capital.

Climate

The weather in Antigua and Barbuda is warm, tropical and fairly dry all year round. Temperatures range from 80F (23C) in January and February to 88F (30C) in July and August, and the trade winds blow constantly. February to April are the driest months. The rainy season is September to November but showers are short with plenty of sunshine in between.

Communication

There is a global airmail service as well as courier services such as DHL and Federal Express. Radio and television - local, regional and US broadcasts. Telephones in all hotels. Long-distance direct calls or worldwide collect calls possible. Fax and E-mail facilities are widely available on the island.

Currency

The currency of Antigua and Barbuda is the Eastern Caribbean dollar (EC\$). The rate fluctuates but the EC\$ is fixed to the US\$ at around US\$1 = EC\$2.60. (One pound sterling is roughly equal to EC\$4). US dollars are widely accepted. Travellers' cheques are accepted in most places. Credit cards, especially MasterCard, Visa and American Express are also widely accepted, and pounds sterling can be changed at banks in St John's, hotels and the larger stores.

Departure tax

EC\$70 or US\$28.

Diplomatic representation

There is a British Government Representative in Antigua.

Electricity

220/110 volts, American style 2 pin plugs.

Entry requirements

All visitors to Antigua and Barbuda must possess a return ticket. UK citizens do not require a visa, only a passport valid for at least six months at time of entry.

Health

The Islands have a general hospital and several private health facilities.

Population

Antigua - 85,632, Barbuda - 1,500.

Public holidays

New Year's Day, Good Friday, Easter Monday, Labour Day (first Monday in May), Whit Monday, VC Bird Memorial Day (first Monday in July), Carnival (first Monday and Tuesday in August), Independence Day (1st November), Christmas Day and Boxing Day.

Shopping tips

Special purchases include straw items, pottery, batik, silk-screen painted fabrics, woodcarvings and local paintings. Duty free purchases in St John's include perfumes, a wide variety of liquor (including Antigua Cavalier Rum), jewellery, English bone china, crystal and table linen.

Status

Today part of the Commonwealth, Antigua and Barbuda became an independent nation in 1981 after more than 300 years of British rule. Its parliamentary system (modelled on Britain's) is led by a prime minister and English is the official language.

Taxis

Most taxi fares are fixed rather than metered and should be agreed upon prior to starting the trip.

Time difference

In winter the time difference is GMT minus four hours. In summer it is GMT minus five hours.

Vaccinations

Unnecessary unless arriving from an endemic area.

*for independent views take a look at www.antiguanice.com

Antigua and Barbuda Tourism Authority
25 Floral Street,
Covent Garden
London WC2E 9DS

Enquire Number: 020 7031 8160
www.visitantiguabarbuda.co.uk
email: tourisminfo@aandbtourism.com



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ST. JAMES'S CLUB & VILLAS

Featuring two white-sand beaches, exciting resort amenities, relaxing Spa Tranquility, & supervised kids club for your children, St. James's Club truly is your private 100-acre oasis.



THE VERANDAH RESORT & SPA

An unspoiled turquoise bay and two white-sand beaches serve as the playground for you and your family. Weekly activities, supervised children's program and Spa Tranquility will keep everyone entertained.



GALLEY BAY RESORT & SPA

Nestled amid 40 acres of beachfront tropical gardens Galley Bay offers you intimate accommodations ideal for a romantic adult-only all-inclusive getaway with your very own 3/4-mile white-sand beach.

For details contact 0870 160 9644 | www.eliteislandresorts.com | **Elite Island Resorts**
CARIBBEAN



Whatever you're looking for in a holiday, you'll find it in Antigua and Barbuda. Over 365 stunning beaches, the most luxurious hotels, the most fascinating historical sites and the ultimate in adventures.

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to Antigua
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and holidays visit ba.com/antigua

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* Five flights a week between 28/03/10-25/10/11