

John's words:

Alas the spirit of the scorpion and snake kebab I had as an appetiser also lives on – it was a truly terrible experience – I am still having nightmares and indigestion. (Long live the RORC lunch!) My only excuse is it was minus 13 degrees and I was cold and hungry. Notwithstanding the eating habits of the Chinese are exceptional – but the upside is that it leaves the city/countryside positively free from vermin and dangerous things that could bite you and kill you.

PS. Minus 15 degrees is quite a feat for Caribbean boaters!









