

# ROTARACT CLUB FOCUS

## A NEW BOARD HAS BEEN INSTALLED, TESTED & PROVEN

The Rotaract Club of Antigua installed its new board to carry on the traditions of serving the community for 2012/2013 at a formal installation ceremony held at the Atlantic View Restaurant on Saturday, June 23rd, 2012.

The new executive board comprises of Daydre Daley as president, Nieksha Lake as vice-president, Shamarie Spencer as immediate past president/treasurer, Rozanne Emanuel as secretary, Marissa Benjamin as community service director, Nikkita Collins as international service director, Ulica Martin as professional development director and Orienne Nurse as club service director.

The new president has held several positions on the board for the past 3 years and pledges "that the executive and I will continue to serve and learn through this journey, striving to make this year as active and enjoyable as past times".

With a simple vision to: "To retain and increase membership while making our club more visible in the community. As well, as fostering a better working relationship with Rotary, Interact as well as other groups."

During the last year, the club celebrated twenty-five (25) years of continued service to the community, and as such engaged in many activities to mark this milestone. The club has been known for its numerous donations and projects geared towards assisting the less fortunate in our communities. This year they will be focusing their efforts and projects on the District theme "Service through Passion; Sustainability through Training" as well as the club theme 2012-2013 "Fostering the Four ships; Fellowship, Membership, Leadership and Partnership, while Serving Our Community."



Daydre Daley



J. Shamarie Spencer



Marissa Benjamin



Nikkita Collins



Ulica Martin



Orienne Nurse



Nieksha Lake



Rozanne Emanuel



Rotaract Club of Antigua

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*"Fostering the four ships (Fellowship, Membership, Leadership & Partnership) while serving our community"*

## MESSAGE FROM THE PRESIDENT

And so it has begun. The 2012-2013 Rotaract year that most of you have been anxiously awaiting has started. With three months already under our belt, the Rotaract Club of Antigua is expecting another successful year.

Our plans and objectives for the year are in full effect; we have kick started a great jam-packed schedule of events. They all promise to be a blast as the Finance committee hosted a competitive Domino Tournament that raised almost EC\$1,400 in efforts to meet the year fundraising target of EC\$10,000 with more creative-fun fundraising projects to come. The International Service committee participated in the 2012 International Coastal Cleanup campaign with the "Make it Green; Keep It Clean" Beach Clean-up and has two more fun, exciting and beneficial projects this year. The Club Service committee plans to keep you fully entertained throughout with new and exhilarating events like "Dance your ACT off" while our Community Service team continues to serve the community and are again is at the center of another topnotch Seven-Seas-Rotaract-Spelling-Bee this October. The Professional Development team endeavours to mold us into leaders of tomorrow, as they have done Conflict Resolution session and more. Together we all have been promoting what we at Rotaract like to call "the four ships", Fellowship, Membership, Leadership and Partnership. We are all a part of taking these very small steps for a better tomorrow for Antigua & Barbuda.

With the new rotaract year also comes new members, NEW logo and theme, club shirts - there has been a lot going on for Rotaract Club of Antigua! After running out of chairs at the first few meetings, attendance has continued to include over a dozen potential prospective members in addition to some familiar faces from past years. With our 26th Charter Anniversary looming on the horizon, it's nice to see some new, enthusiastic faces added to the Rotaract family. Already some of our new members have been stepping up and spearheading projects that are sure to make this year a fun one.

We have been sharing tidbits of what we've been up to on our Facebook page that we are calling "Rotaract Buzz", that has been keeping our members motivated and anxious to carry out all of this years service endeavours. Haven't gotten stung by the buzz yet? Go get your weekly RCA Buzz now. Keep reading and check out our Upcoming Events section on this newsletter.



Soraya Looby



Caron Jacobs



Daydre Daley



Sharlene Matthew



Marissa Benjamin

## Club Service

### BIRTHDAY CORNER

*"Smiles and laughter, joy and cheer*

*Now happiness that stays*

*throughout the year*

*Hope your birthday*

*brings all those and more*

*Filling life with surprise*

*and joys galore!*

- Daydre Daley—July 15th
- Soraya Looby—July 27th
- Caron Jacobs—July 28th
- Sharlene Matthew—September 4th
- Marissa Benjamin—September 18th

### 7 Tips for Resolving Conflicts Quickly and Peacefully

Everyone has to deal with difficult people, whether they are argumentative, abusive, stubborn, or combative. The question is, how can you assert your own rights without creating an unnecessary incident?

These 7 strategies will help you setting disputes quickly and peacefully for the benefit of everyone involved:

- **Remain calm.** Be still and say nothing. Let the storm run its course. Often times the angry person wants to provoke you. Arguing is ineffective because it raises barriers.
- **Let the other person do the talking.** He or she will soon grow tired of it. Sometimes that's all they want. *To be heard. To feel important.* Everyone wants to feel important. Some people just express it in ways that are counterproductive.
- **Genuinely consider the other person's point of view.** Imagine yourself in his shoes. Never say "you're wrong." In fact, try hard to look for areas of agreement and build on them.
- **There's power in the words "Yes, yes, I see exactly what you're saying. You mean."** This shows the other person you hear him/her. That's all they usually want — to be validated. By agreeing with them, you gradually break down the other person's anger.
- **If the situation turns verbally abusive, put a stop to it.** Firmly but calmly state: "You're very angry right now and you're saying things you don't mean (give them the benefit of the doubt). I'm going to excuse myself. We can talk again after you calm down." Then leave the room or ask them to leave.
- **If you are wrong, quickly admit it and take responsibility.** You could say, "You're absolutely right, it is my fault and here is what I'll do to fix it." Even if you're NOT wrong, at least give them the benefit of the doubt, "I may be wrong, let's look at the facts together." It's hard to argue with that!
- **Use the power of visualization.** If you're dealing with someone you interact with on a daily basis (like a boss or co-worker), try to imagine that person as a loving spiritual being.



## ANNOUNCEMENT

### Three New Members Added To Rotaract

The Rotaract Club of Antigua is proud to welcome into its fold, three new members. In a meeting held on the 19th September, 2012, prospective members Caron Jacobs, Dave Josiah and Cherrisse Adams became pinned members.

These members have committed themselves to the development of the club and have shown over the past months their willingness to serve their community.

The club also promoted Guest Jahmel Ralph to the position of Prospective Member. Jahmel a longtime guest of the club, has demonstrated that he is truly Rotaract material, by his dedicated commitment to serving and promoting the message of Rotaract.

These four individuals have truly embraced this years club theme "Fostering the four ships (Fellowship, Membership, Leadership and Partnership) while serving our community".

The advancement of these four has surely signifies that the club is moving in the right direction towards future growth and sustainability.

### ROTARACT BUZZ

- "When one door closes, another opens, but we often look so long and so regretfully upon the closed door that we do not see the one that has opened for us."

Alexander Graham Bell

# FINANCE

## Slamming Dominoes For Charity

The Finance and Fundraising Committee of the Rotaract Club of Antigua, in partnership with the Antigua and Barbuda Domino Association hosted its first ever Domino Tournament entitled "Me no min no dat playing Do-mi-no coulda min so sweet", on Friday 21st and Saturday 22nd, 2012, at the Association building, located on All Saints Road.

The tournament which saw more than fifty-four persons, divided into nine teams, was a remarkable success. Each team competed to graciously assist the club in raising the funds necessary for us to embark on our future service projects.

Congratulations goes out to Team Parham Strikers, who took home first place honours and a prize of six zip-line tickets courtesy of Antigua Rainforest Canopy Tour, likewise Team Super Mix who came in second and won six buckets of Beers, courtesy of Island B-Hive and Team Double Six, who placed third also took home six movie tickets courtesy of Deluxe Cinema. Each team also received trophies courtesy of Cool and Smooth.

Prizes were also given out for best duo pairs. These include the top prize of vouchers for Clay Pigeon Shooting courtesy of Antigua Clays, which were snagged by Terry Browne and Adella John of Team Mahogany. Two FIFA Qualifier Match tickets for the upcoming match between Antigua and the U.S.A., these were won by Duranie Grant and Parks of Team Parham Strikers and finally, membership pass for two to Ken's Club went to Clayton Thompson and Peter Camille of Team Mahogany, these prizes were courtesy of Kennedy's Enterprises Ltd.

This tournament would not have been possible without the participation of the players, sponsors, and volunteers. The Committee wishes to thank everyone for their steadfast support of the tournament and heartfelt thanks go out to our sponsors, Trans Caribbean Marketing, Cool & Smooth, Antigua Rainforest Canopy Tour, Antigua Clays, Island Beehive Bar & Restaurant, Deluxe Cinema, Ken's Club and, Kennedy's Enterprises Ltd.

The club dubs this tournament smashing success and based on the demands of the participants the Rotaract Club of Antigua is poised to host a second tournament in its upcoming fiscal year.



*"Make It Green, Keep It Clean"*

The Rotaract Club of Antigua has undertaken yet another milestone project. The project, themed "Make It Green, Keep It Clean", lead by Director of the International Service Committee Nikkita Collins, is part of this year's coastal clean-up campaign and comes as one of three initiatives aimed at creating a better relationship with other clubs in the District.

The project was executed on Saturday, September 15th at the Jabberwock Beach where some 20 jumbo bags of debris was gathered and properly disposed of. The bags were provided by the Antigua Solid Waste Department, which also facilitated the timely collection and disposal of the waste.

"Fostering the Four Ships (Fellowship, Membership, Leadership and Partnership) While Serving Our Community" is the Rotaract Club of Antigua's theme for the 2012-2013 fiscal year and this project has fitted well with that premise as more than a dozen visitors, prospective members, Rotarians and even Interactors joined the Rotaract Club in executing the initiative.

Last year, the club cleaned Runaway Beach with our Rotary Family and we are hoping that it will become our signature event each September, and hopefully we will be able to expand it to more than just one beach with hundreds of volunteers from all over the country spending a day picking up everything from baby diapers, condom wrappers to plastics and food containers."

Although the club feels it is important that each person should be more conscious of their impact on the environment, which is so important to us and our Tourism economy, conducting cleanups, can at least remediate the issue a little until the culture of our people is one of more environmental consideration.

In this vein, the Rotaract Club of Antigua would like to encourage other organizations, whether private or public to 'adopt' a beach each year and be a part of the world's largest volunteer effort for ocean health and to help make a difference both locally and internationally.

**COMMUNITY SERVICE****Spelling Bee Launched**

The official launch of the 6th Annual Spelling Bee Competition was held on September 19th, 2012, at Rotary House. This competition which promises to be bigger and better was rebranded under the new name of "Seven Sean Rotaract Spelling Bee" and so far has seen twenty-four (24) schools committing themselves to competing and promoting the importance of proper spelling. The spelling bee competition is open to grade five students from both public and private schools across Antigua and Barbuda.

This year the overall winner will receive a laptop computer and printer, plus one year of free Internet service from LIME along with a \$2,500 facelift for his/her school from ECAB. Second place will receive a Kindle Fire and a Scotiabank Junior Savings account with a \$1,000, while third place will receive a Scotiabank Junior Savings account with \$500 with EC\$500 gift voucher for school supplies.

The competition will be held on Saturday, October 6th, 13th and 20th, at the Precision Centre for 10:00 a.m.

✦ **ROTARACT BUZZ**

- "What is the difference between an obstacle and an opportunity? Our attitude toward it. Every opportunity has a difficulty, and every difficulty has an opportunity".

J. Sidlow Baxter



# ROTARY

## 40 Years and Counting



On September 29th, our sponsoring Rotary Club, the Rotary Club of Antigua celebrated its 40th Anniversary of their existence. A formal cocktail celebration at the Grand Royal Antigua Beach Resort marked this significant milestone.

The cocktail event included an historical overview of the club, remarks by founding charter President; Lionel Walling, Past President of their sister club, Rotary Club of Antigua Sundown; Ken Kentish, District Governor congratulations by Assistant District Governor; Past President Dr. Errol Samuel. The current president, President Phillip Harris, also spoke about the club's annual granting of group exchange studies and more.

During the past 40 years, Rotary has carried out a variety of projects in Health, Education, Social/Out Reach, Career guidance information to school leavers, Fund raising - including Car Raffles, the West Indian Food Festivals, and recently the Pre-Carnival Colours fete. In recent years, the club has done Computers for the World program, Dictionary distribution, Camp ABLE and more.

To mark its 40th anniversary the club will be the constructing a library at the Piggotts Primary School this Rotary year.

During the event 40 year and standing Rotarian Lionel reminisced on his rotary lifetime and added that no doubt "life begins at 40". Rotarian Ken shared some memories of the Rotary pediatric surgery program adding that no child should lose their life due to geographic.

The highlight of this gala event, Chaired by Past President Everett Christian, was a slideshow presentation showcasing all the presidents. This slideshow showcased photos from the past to the present day presidents in a nostalgic tribute to the many leaders who have served our rotary family. During this momentous celebratory event, the current president also awarded outstanding businesses in the community for their support over the years and bestowed honorary memberships on two of the honoured and appreciated businesses. A 40th Anniversary memorabilia coffee mug was distributed freely to all attendees

Established in 1972 by charter president Alvin Apparicio, the club has become one of the most extraordinary humanitarian service clubs in the country and the legacy of this charity organization is to continue and pass on the "Service above Self" works to its future generations: our Interact club and our Rotaract Club.

## Upcoming Events

### Second Quarter

- **Meetings**—Every 1st, 2nd, & 3rd  
Wednesday @ 7:30 p.m.
- **Rotary's Meals On Wheels**  
Last Saturday in every month
- **Seven Seas Rotaract Spelling Bee**  
October 6th, 13th, 20th  
Precision Centre @ 10:00 a.m.
- **Sweet Treats**  
Independence Food Fair Stall  
Sir Vivian Richards Stadium  
November 1st
- **Presidents Meeting**—St. Lucia  
November 30—December 02
- **Charter Week**  
December 3rd—December 9th

## Rotaract Club of Antigua

Our local club was chartered on December 5th, 1986 and is a part of a wider group of Rotaract Clubs known as District 7030. Rotaract emphasizes four avenues of service, these are: Community, International, Professional and Club Service. Rotaract clubs organize a variety of projects and activities focused on our avenues of service and the types of projects may change each year.

The Rotaract Club of Antigua holds meetings, usually every 1st, 2nd, and 3rd Wednesday in every month at 7:30 p.m., which feature speakers, discussions, and visits to other clubs. We also get together for other service projects, social activities, and leadership workshops. Beyond the club level, we as Rotaractors also take advantage of District Conferences, projects and training seminars.

We look forward to having you join us at one of our meetings to find out how you can make a difference!

*"Fostering the four ships (Fellowship, Membership, Leadership & Partnership) while serving our community"*

ROTARACT CLUB OF  
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